EFFECTS OF VITAMIN E AND PROINSULIN C-PEPTIDE ON HYDROGEN PEROXIDE-INDUCED CYTOTOXICITY IN RINm5F INSULINOMA CELLS AND RAT PANCREATIC ISLETS

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Death of pancreatic β -cells is the fundamental cause of type 1 diabetes mellitus and it is also associated to whole pancreas and islet transplantation failure. Oxidative stress plays a crucial role in β -cell death, therefore, we investigated whether vitamin E (vitE) and proinsulin C-peptide, a cytoprotective hormone, could protect rat insulinoma (RINm5F) cells and isolated rat pancreatic islets from oxidative damage caused by hydrogen peroxide (H_2O_2). RINm5F cells (5x10⁴/well) or rat pancreatic islets (10/well) were cultured for 24h in RPMI-1640 medium supplemented with 10% fetal calf serum and antibiotics. Cultures were pretreated with varying concentrations of C-peptide for 1 and 24h and with vitE for 30min. Cells and islets were incubated, respectively, with 100μ M and 500μ M H₂O₂ for 2h and cell viability was determined by the C,N-diphenyl-N-4,5-dimethyl thiazol-2-yl tetrazolium bromide (MTT) colorimetric assay. Exposure to H₂O₂ reduced the amount of viable cells to 33±3.4%. VitE (50µM) and C-peptide (10nM) were both cytoprotective, significantly increasing the amount of viable cells to 92±15.9% and 45 \pm 3.1%, respectively. Other combinations of H₂O₂, vitE and C-peptide as well as different periods of incubation are currently being tested. In conclusion, a proper dose of vitE and C-peptide could provide an effective means to protect β -cells from oxidative damage.

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